



# COVID-19 Morning Checklist

Every morning before your student leaves for school, please check your student's health. Ask these questions *every day*.

- 1. Does your student have a temperature of 100.4 degrees or higher?**
- 2. Does your student display any other symptoms or signs of illness?**



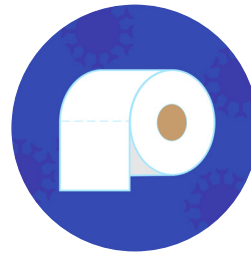
Congestion or Runny Nose



Cough



Shortness of Breath or Difficulty Breathing



Diarrhea



Headache



Muscle Pain and Fatigue



Sore Throat



Nausea or Vomiting



Chills



New Loss of Taste or Smell

- 3. While away from school, was your student in close contact—within 6 feet for 15 minutes, with or without mask—with someone with a suspected or confirmed case of COVID-19 (lab or diagnosis) in the last two weeks, or someone getting a test or waiting for test results?**
- 4. Is your child getting a test or waiting for test results?**

**If you answer YES to any of these questions, DO NOT SEND YOUR STUDENT TO SCHOOL.**

Instead, call the school to report your student's illness or possible exposure. You will be advised to isolate your sick child from others and seek medical care and testing if appropriate. Self-quarantine will be advised for anyone who has been exposed to COVID-19 but has no symptoms.

