



2023 SEASON INFORMATION

- **1st day of practice- Jan. 9th**
- **Practice hours between 2:30 - 4:30**
- **Track is a non-cut sport**
 - **if you come to practice and pay participation fees you will compete in meets**
- **Athletic participation fees (required)**
 - **BOYS**
 - **\$250 for ALL BOYS athletes (Includes new uniform)**
 - **GIRLS**
 - **\$200 for returning girl athletes (no uniform included)**
 - **\$250 for new girl athletes (Includes uniform)**
 - **can be paid through mypaymentsplus, cash, or check**
- **athletic physicals must be completed BY JANUARY 2, 2023.**
 - **If you do not have a COMPLETE physical on file through Rank One you **WILL NOT** be able to participate**
- **Contact information**
 - **Will Shelton (boys head coach) will.shelton@gcpsk12.org**
 - **Jed Hodges (girls head coach) jed.hodges@gcpsk12.org**

Scan to register for Mill Creek Track & Field

(All information must be complete and correct to be added to the roster)

