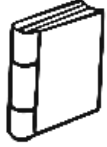


Sunday Family Fun	Monday Movement/Music	Tuesday Math	Wednesday Sensory/Science	Thursday Reading	Friday Writing/Language	Saturday Cooking
<p><b>Activities included in this calendar are designed for families with children ages 0-5. However, young infants may not be able to perform these tasks. Parents are encouraged to complete the activities themselves with their infants close to them while talking about what they are doing and describing the activities as they do them.</b></p>			<p>1 Fill a large container with water. Add toys that float (boats, ducks). Blow the toys across the water. You can blow the toys with a straw. Talk about what is happening.</p>	<p>2 Read a book together. Before you read, look at the cover and make predictions about the story.</p>	<p>3 Draw a picture together. Take turns adding details to the picture and tell a story about your picture.</p>	<p>4 Make breakfast together. Talk about the steps (what comes first, next, last) and/or measure out the ingredients together.</p>
<p>5 Play a turn-taking game together- like a board game or rolling a ball back and forth.</p>	<p>6 Make a simple obstacle course using items in the house (or yard). Have your child go over, under, and around things.</p>	<p>7 Count the forks and spoons in your utensil drawer in the kitchen.. How many forks? How many spoons? Do you have more forks or spoons?</p>	<p>8 Gather a container of water and small see-through cups. Scoop water into the cups. Add drops of food coloring. Try mixing colors to see what happens.</p>	<p>9 Read a book together. When you are finished, close the book and talk about what happened in the story. Open the book and retell the story using the pictures.</p>	<p>10 Look out the window. Talk about the trees and how they may have changed (green leaves are growing, bird nest in the tree).</p>	<p>11 Make lunch together. Talk about the steps (what comes first, next, last) and/or measure out the ingredients together.</p>
<p>12 Read books together with your family. Give everyone in your family a chance to pick a favorite book to read.</p>	<p>13 Play a jumping game by jumping like animals (kangaroo, rabbit, frog). Talk about the size of each animal and guess how far each animal can jump.</p>	<p>14 Make a pattern using the forks and spoons in your utensil drawer in the kitchen. Example: fork-spoon-fork-spoon OR fork-fork-spoon-fork-fork-spoon</p>	<p>15 Fill a container with water and bubble bath. Use measuring cups and spoons to fill and pour.</p>	<p>16 Read a book together. What/Who are the characters in the story? Where does the story take place (the setting of the story)?</p>	<p>17 Look out the window and draw what you see. Use writing tools like crayons, markers, pencils, paint, or chalk. Talk to someone in your family about your drawing.</p>	<p>18 Make a snack together. Talk about the steps (what comes first, next, last) and/or measure out the ingredients together.</p>
<p>19 Have a picnic inside with your family. A picnic can be lunch or snacks. You can use a tablecloth or a blanket to sit on for your picnic.</p>	<p>20 Play ball together today. Throw, catch, and roll the ball. Throw small balls with one hand and large balls with two hands.</p>	<p>21 Go on a shape hunt around your home. What items are shaped like a circle? What items are shaped like a square? What items are shaped like a triangle?</p>	<p>22 Fill a container with water. Add small toys to see which ones "sink" and which ones "float". Predict what you think will happen before you drop the toy in the water.</p>	<p>23 Read a book together. Talk about the illustrations and the words.</p>	<p>24 Tell a story about something you did today.</p>	<p>25 Make dinner together. Talk about the steps (what comes first, next, last) and/or measure out the ingredients together.</p>
<p>26 Play a board game together OR play a game of charades by pretending to do something (swimming, brushing teeth, driving a car, playing baseball) while family members guess what you are doing</p>	<p>27 Move like animals - hop like a frog or rabbit, gallop like a horse, slither like a snake, walk like a dog, flap arms like bird wings</p>	<p>28 Make a cup tower. Stack non-breakable cups to build a tower. Talk about how to make the tower taller/wider/stronger.</p>	<p>29 Fill a large bowl with water. Use measuring cups, spoons, and small containers to fill and pour. Talk about "empty" and "full".</p>	<p>30 Read a book together. Talk about how you and/or your child is like the character in the story.</p>	<div style="text-align: center;">  <p>Read together EVERY day!</p> </div>	