



CELIAC DISEASE
Health Management Plan
SCHOOL YEAR: _____

Student Name:	DOB:
School:	Student ID:

CONTACTS:	
MOTHER:	FATHER:
HOME:	HOME:
WORK:	WORK:
CELL:	CELL:
If parents cannot be reached call:	
Name:	Phone:
Name:	Phone:
Physician:	Phone:
Hospital Preference:	

BASIC INFORMATION AND STUDENT HISTORY:
 Celiac disease is an immune reaction to gluten that causes damage to the intestinal lining, interfering with the absorption of nutrients. Untreated, celiac disease causes multi-system complications such as diarrhea, constipation, gas, bloating, iron deficiency anemia, decreased bone density, failure to thrive, short stature, and behavior problems. Additional symptoms may include an itchy, blistering rash and joint pain.

Additional student history: _____

MANAGEMENT:
 The only treatment for celiac disease is a strict gluten free diet for life. Gluten is found in wheat, rye, barley, farina, graham flour, bulgur, durum, malt, semolina, spelt and triticale. In addition to the foods being gluten free, it is equally important that these foods are not contaminated by coming in contact with gluten containing foods during their preparation or service.

Other:

CALL PARENTS: if student complains of abdominal pain, digestive discomfort, or diarrhea.

CALL 911: for severe abdominal pain, GI bleeding (vomiting blood or blood in stool).

School Clinic: Copy of this plan to be provided to Transportation Supervisor

 PARENT SIGNATURE / DATE

 COUNTY SCHOOL NURSE SIGNATURE / DATE

Confidentiality of student health information should be maintained at all times.