



Dear Parents / Caregivers:

Welcome to the Play to Learn!

This letter provides important information that will help prepare your child and you for the Play to Learn program. This will help you know what to expect during each session, what you need to bring, and ways you can help your child adjust to the new experience.

A typical day at Play to Learn includes Free Play, Circle Time, Center Time, Story Time, Gross Motor Activities, and Sensory Play.

Please note the following:

- It is very important that you arrive on time. It is hard for children to come in to an activity in the middle or end.
- The classroom will be set up with different centers and activities. Encourage your child to choose different activities during each session and join him/her in play. It is important for your child to see you having fun while learning!
- You will be participating in each activity with your child so please dress appropriately for movement activities, sitting on the floor and engaging in all the learning activities during the session.
- Art and Sensory Play are critical components to learning at this age, but these materials can be messy! Please dress your child in appropriate clothing so that he/she can utilize all the materials.
- The teacher will give a 2 or 3 minute warning before it is time to clean up from an activity and then will utilize a "clean-up" song to signal that it is time to clean up and move on to another activity. Reinforcing this activity at home will help your child be more successful at school. Please model how to clean-up for your child, but support them in putting away their own materials.
- If your child is in diapers, please bring a plastic bag with you for diaper changes. You will need to dispose of soiled diapers at home. Please diaper change in the school's bathroom.
- During Gross Motor Activities your child will exercise the large muscles of his/her body. Because young children are not always spatially aware, take care that your child is moving and playing in a way that is safe for him/her.

You can support your child's learning by preparing him/her for this new experience.

- Before the first day of the Play to Learn class, tell your child that he/she is going to a new place to play and learn. Explain that other children and adults will participate.
- Tell your child that you will be with him/her at Play to Learn.
- Show excitement for the program as this will model for your child that the class will be fun.

We are hoping that Play to Learn will be a fun and rewarding time for both your child and you. We look forward to seeing you at our first class!

If you have questions or need more information, feel free to contact your Play to Learn Teacher.



Mrs. Kelly Raymond
Play to Learn Teacher
Alford Elementary
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