CDC International Travel Recommendations

You might have been exposed to COVID-19 on your travels, whether you traveled by air, land, or sea. You might feel well and not have any symptoms, but you can still be infected and spread the virus to others. For this reason, CDC recommends the following:

ALL Travelers

- Get tested with a COVID-19 viral test 3-5 days after travel.
  - Find a U.S. COVID-19 testing location near you
- Self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms.
- Follow all state and local recommendations or requirements after travel.

If You Are NOT Fully Vaccinated

In addition to the recommendations above

- Stay home and self-quarantine for a full 5 days after travel.

For international travel, according to the CDC, you are considered fully vaccinated:

- 2 weeks (14 days) after your dose of an accepted single-dose vaccine
- 2 weeks (14 days) after your second dose of an accepted 2-dose series
- 2 weeks (14 days) after you received the full series of an accepted COVID-19 vaccine (not placebo) in a clinical trial
- 2 weeks (14 days) after you received 2 doses of any "mix-and-match" combination of accepted COVID-19 vaccines administered at least 17 days apart*

Source: Jan. 4, 2022. National Center for Immunization and Respiratory Diseases, Division of Viral Diseases