

## Traveling outside the U.S.?

Gwinnett County Public Schools is following guidelines from the Centers for Disease Control and Prevention (CDC) regarding international travel. *What does that mean for you if you have upcoming travel plans to and from another country?*



### **For unvaccinated travelers...**

The CDC recommends that unvaccinated travelers get tested for COVID-19 from 3 to 5 days after returning AND self-quarantine at home for a full 7 days after travel.

- **Unvaccinated travelers who test positive must** isolate to protect others from getting infected, following isolation guidance for a positive case.
- **Even travelers who test negative should self-quarantine at home for the full 7 days.** All unvaccinated students and staff who travel outside the U.S. should self-quarantine at home, and will not be able to return to school or work for at least 7 days after their return to the U.S.
- **Travelers who choose not to be tested should self-quarantine at home for a full 10 days after travel.**
- **Unvaccinated travelers should avoid being around people who are at increased risk for 14 days, whether tested or not.**

**During self-quarantine, monitor for symptoms.** If symptoms develop, seek testing immediately. Isolate from others while waiting for results. If results are positive, follow isolation guidance.

### **For fully vaccinated travelers...**

- Fully vaccinated travelers do not have to quarantine. However, the CDC recommends getting a viral test 3 to 5 days after travel.
- If the test is positive, they should follow isolation guidance for a positive case.
- Vaccinated travelers also should self-monitor for symptoms. If they develop symptoms within 14 days of international travel, they should isolate and get tested.

### **For travelers who recently recovered from COVID-19...**

- Travelers who have had a positive test for COVID-19 within the last three months should follow all requirements and recommendations for fully vaccinated travelers with one exception.
- They do *NOT* need to get a test 3 to 5 days after travel unless they have symptoms. People can continue to test positive for up to three months after having COVID-19 and not be infectious to others.

For more about international travel guidelines, visit the CDC website at <https://www.cdc.gov/coronavirus/2019-ncov/travelers/after-travel-precautions.html>.

*Families with specific questions about a travel situation and how it might affect their child's attendance, should contact their local school. Employees traveling outside the United States will not be eligible to work from home upon return, and will need to use personal, vacation, or sick days during the self-quarantine period. Employees with questions about international travel guidelines and their work schedule should speak with their supervisor.*